

Belair Bath and Tennis Swim Team

Parent Handbook Summer 2010

**To: Our Parents and Swimmers
From: the Coaching Staff**

Dear BBT Parents and Swimmers,

Included here is some helpful information that will answer some of your questions and help to make this summer go smoothly.

Thanks, and here's to another great fun filled summer at Belair Bath and Tennis.

Coach Patty Coach Chris Coach Maura

The full schedule would go here once we have it.

Saturday Home Meets at 7:30 am Warm ups

Saturday Away Meets at 8:00 am Warm ups

Please arrive at each meet at least ½ an hour BEFORE warm-ups.

BBT Summer Swim Practice Information

AFTERNOON PRACTICE SCHEDULE

Begins Tuesday, June 1st

Monday, Tuesday, Thursday and Friday (no Wednesdays!)
4:00-5:00pm...10 years old and under

5:00-6:00pm...11 years old and over

MORNING PRACTICE SCHEDULE

Monday, June 14th - End of Season

Morning Swim Practice... Monday thru Friday

7:30-9:00am.....11 years old and over

9:00 -10:00am.....10 years old and

Communicating with the Coaches:

Feel free to EMAIL Coach Patty if you have any questions. If there is an emergency, it would be appropriate to call the coaching staff.

Coach Patty's email address is: baylyswim@comcast.net

If you will not be attending a meet

Please notify Patty at least (1) week prior to each meet you cannot attend

Parent Jobs and Volunteer Opportunities:

We will always, always welcome and need help from the parents at swim meets. Some ways you can help are:

At Home Meets:

Timers (12) (this is flexible, depending on other team) – as a timer you get the best seat in the house, directly behind the lanes! The only requirement is that you are physically able to push a button on a stopwatch!

Officials (2) – Officials watch the swimmers to judge the legality of their strokes during races. They are responsible for issuing DQ slips. Officials attend a brief training session. It is recommended, but not necessary, to have a swimming background.

Bake sale (2) – Responsible for organizing and selling baked goods at the swim meet.

Announcer (1) – You get to control the microphone and relate score updates, and tell which swimmers won which race.

Bullpen (2) – Help organize the younger swimmers before they head up to the starting blocks for their races. Parents are especially needed to help keep the swimmers in order and make sure they make it to their races.

Runners (2) – Make sure that the important results and other paperwork, make their way to the appropriate places.

Scoring assistant (1) – Assist with the scoring of the meet (no small task). It may help if you are good at math, or at least can operate a calculator.

Ribbons (2) – Make sure that our swimmers get rewarded for their efforts! You will place stickers with information from each race onto appropriate ribbons for the swimmers.

Hospitality (1) – Help keep the coaches and officials hydrated! Provide water and snacks for the coaches and officials during meets.

At Away Meets (see descriptions above)

6 timers
1 bullpen
1 runner
1 scoring assistant
1 ribbon

Get Involved, It is FUN!!

Practice/Meet Cancellations:

We will hold practice rain or shine – however if there is lighting or thunder we will call off practice at the Head Coaches discretion.

Please do not ever assume that a meet has been cancelled due to weather. Feel free to call the club if you have any questions. When in doubt, definitely show up!!

Equipment/ What you need to have:

At Practice:

Swim Suit
Goggles
Swim Cap (preferably)
Towel
Sunblock

At Swim Meets:

Team Suit
Goggles
Team Cap Sweatshirt
2 Towels Sweat Pants
Blanket
Dry t-shirts
Shorts
Socks
Shoes/Sandals
Sunblock

***Always label your own items!! It will help keep the lost & found empty!

Website:

Please check the website regularly – this is the best way for the coaching staff to

communicate with the team: bbtbowie.org

We will also post important announcements on the bulletin board!!